



Don't let yesterday take up to much of today

Will Rogers

27th May 2022

Agents of Change Assembly

Today we hosted our Summer Term Agents of Change Assembly, and saw children receive their first, second, third and fourth badges – with one child even receiving their fifth! Well done to everyone for your class projects tying in with your topic, and all the amazing commitments made at home in your own time.



Miss Pryce:

foundationstage@st-lawrence-pri.essex.sch.uk

Miss Roulston:

year1@st-lawrence-pri.essex.sch.uk

Mrs Auton and Mrs Frost:

year2circles@st-lawrence-pri.essex.sch.uk

Mrs Torres:

year2squares@st-lawrence-pri.essex.sch.uk

Mrs Parker:

year3@st-lawrence-pri.essex.sch.uk

Mrs Alexander:

year4@st-lawrence-pri.essex.sch.uk

Mrs Aylett:

year5@st-lawrence-pri.essex.sch.uk

Miss Birbeck:

year6@st-lawrence-pri.essex.sch.uk

The Tale of the Beanstalk

Year 1 have been working so hard this half term to create their 'The Tale of the Beanstalk' Fairy Tale book. They have crunched up tissue paper for a seed, rolled out string for roots, looked close up to draw leaf vein details and stuck paper together to make the biggest beanstalk. Plus they have written their story alongside all their incredible art. We think your Fairy Tale books are AMAZING



Headteacher Awards

Lucas-Lee in Year 1; Jess, Ralphie, Bobby, Delilah, Albie, Phoebe, Monroe, Elsie, Henry D, Poppie-Rai, and Leo in Year 2; Matilda, Billy, Olive, Annabelle, Jasmine, and Isaac in Year 3

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CELEBRATING EACH OTHER, AND THE JOURNEY WE ARE ON

Floural Jubilee Art

Head to St Lawrence Church on 2nd or 3rd June, where there will be a flower themed art exhibition including a fantastic installation made by none other than EVERY single pupil in St Lawrence! Here is a very sneak peek.....



Help Needed for Jubilee Event

On Saturday 4th June, Battleswick Farm will be hosting a family day to commemorate the Queen's Jubilee. To help with the event, they are looking for volunteers who are qualified in first aid for an hour or two each.

If you are able to help, please email Info@eastdonylandpc.co.uk. Thank you!



We hope you have a lovely half term, and will see you on Monday 6th June

Yoga for Cancer Research

To help raise vital funds for Cancer Research, some adults at St Lawrence will be doing **30 Days of Yoga in June**. We would love family members and children to get involved, and to help are working with a new resource called YogaBugs.

Mrs Malcolm will be hosting lunch time yoga sessions in school for the children, and families at home are invited to join the YogaBugs parent portal where you will have access to Yoga and Mindfulness videos, chair yoga for you to try, a video about the benefits of **YogaBugs**, along with helpful mindfulness activities and visualisations that you can download and use for you whole family.

The benefits of you using sessions are huge:

- The **YogaBugs** Virtual programme has been designed and created by mental health first aiders
- Every session is age appropriate and chllenging
- The classes can be used on a laptop, phone, tablet or smart TV
- You can pause the sessions at any time and come back to them
- All classes end with Relaxation and Mindfulness
- We incorporate curriculum based themes and subjects to help enhance learning
- All classes are physical and educational
- The physical benefits are massive helping with core strength, balance, coordination flexibility and much more
- All sessions are proven to help with concentration, behaviour, listening and stimulate imagination

To register and log into your portal please click [here](#) to register your details, where you will be prompted to input a password.

Visit our [Justgiving page](#) if you would like to donate.

Please support us in any way you can, from donations to sending us photos of your yoga sessions!

