



Poetry is the clear expression of mixed feelings W.H. Auden

11th March 21

Adrenaline by Alba in Year 5

Adrenaline feels like a glass bottle of something constantly vibrating like it could explode any second. Constantly expanding in your very hands.

It smells like an energy drink filled to the brim with power, energy, and a complete and utter rush.

Smells of everything exciting and exhilarating all stuffed into on single scent.

Sounds like the loudest thing ever or a giant explosion that doesn't feel wrong or bad but yet thrilling and gripping.

Taste like a tangy or sour lemon or a sour sweet. Fizzing, popping, and expanding in your mouth.

Looks like a fuzzy, flaming orb bouncing around in a broken, worn out and slightly burnt Tupperware container waiting impatiently to be out or just break out itself.

You can feel it bubbling up inside of you, fizzing, popping and then exploding. A tense feeling, exhilarating.

My Dream World by Olive in Year 3

In my dream world, there would be puddles of wet, purple blackcurrant juice, but it would smell like a banana smoothie as soon as the raindrop hit the floor!

Congratulations to all of the children in Years 3 and 5 who will be at the Lakeside Theatre at Essex University on Monday to read out their poem. We are very proud of you, and can't wait to see your performance!

Headteacher Awards

Henry C, Ralphie, Ella, Jessica, Evelyn, Joshua, George, Sam, Leo, Evie and Henry D in Year 2; George, Florence, Charlie W, Peaches, Rylee, Drew, Leyton, Isabelle and Isabella in Year 4; ALL of Year 6

Miss Pryce:

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Miss Roulston:

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Mrs Auton and Mrs Frost:

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CELEBRATING EACH OTHER, AND THE JOURNEY WE ARE ON

IMPORTANT Rising Cases

We have a higher rate of covid cases than ever before.

Please be aware that our rules have remained the same. If your child tests as positive on an LFD or PCR, they cannot come to school for AT LEAST 5 full days (please refer to flow chart sent home). You can still order lateral flow tests online, and we strongly suggest you continue to test regularly. This could minimise the amount of time your child needs off, as well as help keep everyone safe. As always, if you have any questions, please let us know. Thank you.

Red Nose Day

Next Friday 18th March is Red Nose Day. Your child is welcome to attend school in their home clothes, and a red nose if they have one (please name this). Please do not send your child to school with cash, instead, if you are able to, make a donation online or via a supporting retailer.



A Year Ago This Week

A year ago we welcomed all children back to school after yet another lockdown. This came up on our facebook memories and we thought we'd share it – an important reminder of the challenges we have all overcome, and the joy St Lawrence children consistently find.



Last Minute Changes

Apologies for any disruptions this week to music lessons, tuition, etc. We're working hard to accommodate last minute changes due to illness and absence and communicate this with you. If you are ever unsure of a date / time / arrangement, please do get in touch.

Thank you as well to everyone for returning the paperwork and forms for the poetry slam next week within a very tight window! We were only given the information this week so there has been a lot of last minute preparation. We can't wait to see all the children proudly sharing their writing!

School Trips Coming Up

There are a couple of school trips coming up at the end of the term. Please make sure you remember this when ordering their lunch for that day (they can have a school baguette or wrap, or a home packed lunch). Keep an eye on the weather in the lead-up so you can send them into school in suitable layers and shoes. Hopefully, they won't be muddy ones! Thank you



World Down Syndrome Day

Head along to Culver Square at 12:30pm this 13th March to Raise Awareness for a fun Irish Dance themed World Down Syndrome Day (WDSD) preview (with the recording on the day itself, 21st March).

The day will include An Irish Dance Show and family Ceili, where those with Down Syndrome and their families will be welcome to join in.

With the support of world level professional dancers from McGahan-Lees Irish Dance academy, who are attending the World Championships and North American Nationals this year.

They would love anyone attending to wear bright colours!

Please see below a gofundme page for anyone who would like to donate:

gofundme.com/f/colchester-down-syndrome