

# Either be a mountain, or lean on one Somali Proverb

## **Covid-19 Guidelines**

This week we sent home NHS guidelines for if someone in the family develops Covid-19 symptoms; which requires household isolation until a negative test result is obtained for the symptomatic member, or 10 days isolation for the symptomatic member and 14 days for other members of the household. The symptoms are:

- A high temperature this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- A new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- A loss or change to your sense of smell or taste this means

We know that children often get coughs and temperatures. We know how difficult, for many reasons, it is to have to isolate as a family. We know that despite symptoms being frequent among children, obtaining testing is hugely problematic and in many cases impossible. We really do understand how frustrating and worrying this is. We cannot change the rules, but we CAN talk to anyone who needs to double check on the guidelines, ask for help, vent their frustration, or even just have a chat. Please just drop us an email or give us a call, and know that if there is anything we can do to help we will.

#### THUNK

What do you want to be when you grow up?

**Winning KS1 Answer by Bobby in Orange Circles** *I want to be a farmer, so I can look after all the animals* 

Winning KS2 Answer by Indiana in Year 3 I would like to be an equestrian vet, because I want to know more about horses

## Headteacher Awards

Luke, Stanley, Ollie, Lacey, Louie and Noah in Year 2; Kianna in Year 5



## 18<sup>th</sup> Sept 2020

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CELEBRATING EACH OTHER, AND THE JOURNEY WE ARE ON

#### **PE Lessons**

PE lessons are back in full swing! We're loving being back on the recreation ground and playground getting active with our friends (in our smart new PE kits!).



#### Working Hard at our Desks

The children have taken so well to the seating plans. We know children are not necessarily sitting next to their close friend, but everyone are working really hard and having fun in class.





## **Another Amazing Week!**

Children in Foundation Stage had their FIRST full week this week. Their longer days included more fun, more learning, and LUNCH. We are so humbled by the resilience and honesty of our new cohort and their families, who have been positive and open

throughout in the face of a very different transition.









